



# 2<sup>nd</sup> Annual Meeting of Arab Society of Allergy, Asthma & Clinical Immunology

In Collaboration with

Al-Azhar University  
Allergy & Immunology Center



Under Patronage of

Prof. Osama Al Abd  
President of Al-Azhar University

President of the Congress

Prof. El Desouki E. Fouda

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Conrad Hotel, Cairo, Egypt  
May 16<sup>th</sup> - 17<sup>th</sup>, 2013

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# TABLE OF CONTENTS

2<sup>nd</sup> Annual Meeting of Arab Society of Allergy, Asthma & Clinical Immunology

Welcome Address	4
Board	5
General Information	6
Audiovisual & Speakers Instructions	7
Companies Acknowledgement	8
Scientific Program (Thursday Sessions)	9
Scientific Program (Friday Sessions)	12
About The Official Organizer	14

# WELCOME ADDRESS

2<sup>nd</sup> Annual Meeting of Arab Society of Allergy, Asthma & Clinical Immunology

## Welcome Address

On behalf of the organizing committee we would like to welcome all, our honour guests, in the 2nd annual meeting of Arab Society of Allergy, Asthma & Clinical Immunology.

“Allergic & Immunological Diseases”  
(Integrated Scope)

We wish you valuable participation, sharing & updating knowledge in this meeting.

Once more, have a pleasant time and we would be delighted to serve and facilitate your request and needs.



**Prof. El Desouki E. Fouda**  
President of the Arab Society of  
Allergy, Asthma & Clinical Immunology



# BOARD'S

2<sup>nd</sup> Annual Meeting of Arab Society of Allergy, Asthma & Clinical Immunology

## Board of the Congress

### President

Prof. El Desouki E. Fouda

### Vice President

Prof. Sayed Zaki Salem

### Secretary

Prof. Ahmed Seleim

### Moderator

Prof. Wagida Abou Raya

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Prof. Azza Hamed (Canada)

Prof. Fouad Baroudi (USA)

Prof. Malcom Blumenthal (USA)

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Prof. Zoheir Ballas (USA)

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Prof. Ahmed El-Gazzar

Prof. Ashraf Okba

Prof. Gamal Badr

Prof. Helmy Shalaby

Prof. Hoda El-Sayed

Prof. Khames Gomaa

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## Local Advisory Board

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Prof. Hesham Tarraf

Prof. Kamal M. Hanna

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Prof. Mohamed Abou Shehata

Prof. Samir Khedr

Prof. Yahia Zakaria

## Organizing Committee

Prof. El Desouki Fouda

Prof. Sayed Zaki

Prof. Ahmed Seleim

Prof. Wagida Abouraya

Prof. Atef Ibrahim

Prof. Maged Refaat

Prof. Mahmoud Eid

Prof. Mohamed Shafik

Prof. Nabil Rafaat

Asst. Prof. Waheed Haysem

Dr. Asheraf Aladway

# GENERAL INFORMATION

2<sup>nd</sup> Annual Meeting of Arab Society of Allergy, Asthma & Clinical Immunology

## Official Language

The official language of the congress is ENGLISH, no instant translation.

## Registration Desk

ALFA MEDICAL Front Office:

Include the following counters:

- Pre-Registration Desks
- On-Site Registration Desk
- Information Desk
- Certificate Corner

## Conference Bag

Will contain the program book and congress adds

## Badges

Nametags will be provided to all delegates, wearing this badge is compulsory for admission to the conference rooms and exhibition area

It contain the barcode number with which you can print your certificate

## Exhibition

A large exhibition of pharmaceutical companies is organized in the congress exhibition halls

**For more information or special requests kindly contact the official organizer of the congress:**



ALFA MEDICAL  
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### ALFA MEDICAL

53 El-Makrizy Street, Roxy, Doctors Tower, 4<sup>th</sup> Floor, Flat 414, Cairo, Egypt

### CAIRO OFFICE

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[WWW.ALFAMEDICAL.ORG](http://WWW.ALFAMEDICAL.ORG)

# AUDIO VISUAL INSTRUCTIONS

2<sup>nd</sup> Annual Meeting of Arab Society of Allergy, Asthma & Clinical Immunology

We are honored by having you as one of the faculty member in our congress and we hope to insure delivering of your presentation to the attendance in a perfect way.

## The following guidelines are made to help us bringing this conference to perfection

- Please use a PC (IBM Compatible) not Apple Macintosh formats.
- Computers used in the conference are PCs loaded with Microsoft Office 2010.
- Please use Microsoft PowerPoint XP or later version to prepare your presentation
- If your presentation includes movies, be sure to create a folder including your presentation & movie files or sound clips. This will insure that all the tools used to create the presentation are readily accessible on the show site.
- Please remember that your movies should be in MPEG1 format. AVI files might not work properly on all computers unless special codec is used. MOV is not a compatible format to be run inside PowerPoint.
- Codec player will be available in all computers serving the conference.
- Speakers are not allowed to use their personal laptops whatever the reason is. Strict rule are applied in this matter. Apple users must prepare a PC compatible CD or DVD loaded with their presentation(s).
- Only digital media is allowed as a tool to present data, namely CDs, DVDs, Flash memory &/or external hard drive. No 35mm physical slides are allowed. No video tapes. No Transparencies. No Whiteboard. No Bluetooth mobile phones.
- Computers inside the lecture room are not connected to the internet.
- Speakers must handle their presentation **ONE** hour AT LEAST before beginning of the session, at **CHECK CORNER** in the lecture room, computers inside the lecture room are connected to local network so the presentation will appear automatically on the presenting equipment's.
- **The duration of the presentation is controlled digitally through computer software, thus we appreciate your understanding to stick to the dedicated time.**
- **If you are presenting a case:** so you have 10 minutes to completely present your case including at least 3 minutes discussion.

**Any extra minutes in the presentation will be deducted from the valuable discussion time.**

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# SCIENTIFIC PROGRAM

2<sup>nd</sup> Annual Meeting of Arab Society of Allergy, Asthma & Clinical Immunology

Thursday, May 16, 2013

**8:30 - 9:30**      **Registration**

**9:30 - 10:00**    **Opening Ceremony**

**Prof. Wagida Abou Raya**  
Moderator of the Congress

**Prof. Ahmed Seleim**  
Secretary of the Congress

**Prof. Sayed Zaki Salem**  
Vice-President of the Congress

**Prof. El-Desouki E. Fouda**  
President of the Arab Society

**Prof. Osama Al-Abd**  
President of Al-Azhar University

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**Session I**                      **10:00 - 12:05 pm**

<b>Chairpersons</b>	Prof. Maged Refaat      (Ain Shams University)
	Prof. Nabil El-Deberky    (Ministry of Health)
	Prof. Samiha Abou Bakr   (Al-Azhar University)

<b>10:00 - 10:30</b>	<b>Ig E- mediated Allergy</b>	Prof. El-Desouki E. Fouda (Al-Azhar University)
<b>10:30 - 10:50</b>	<b>Severe Asthma with Fungal Sensitization</b>	Prof. Serag Sadek (MUST University)
<b>10:50 - 11:10</b>	<b>COPD Burden</b>	Prof. Mohamed Awad Tag El-Deen (Ain Shams University)
<b>11:10 - 11:30</b>	<b>COPD Immunological and Systemic Changes</b>	Prof. Samir Khedr (Tanta University)
<b>11:30 - 11:50</b>	<b>Bronchial Asthma: Immunological Vision</b>	Prof. Farha El-Shennawy (Mansoura University)
<b>11:50 - 12:05</b>	<b>Discussion</b>	
<b>12:05 - 12:30</b>	<b>Coffee Break</b>	

# SCIENTIFIC PROGRAM

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Thursday, May 16, 2013

## Session II 12:30 - 14:20 pm

<b>Chairpersons</b>	Dr. Emam Mousa	(Ministry of Health )
	Prof. Magda Rakha	(VACSERA)
	Prof. Mohamed Sedky	(Al-Azher University)
	Prof. Nabil El-Beblawy	(VACSERA)

**12:30 - 12:45 CASE PRESENTATION** Prof. Ahmed Elgazar  
(Benha University)

**12:45 - 13:05 New Development in TB Vaccination** Dr. Amal Abdel-Baky  
(VACSERA)

**13:05 - 13:25 Different Therapeutic Modalities for Treating Airway Allergy** Prof. Magdy Abou Rayan  
(Alexandria University)

**13:25 - 14:00 Immunotherapy Panel**

### **Moderator**

Prof. Waheed Heysam (Suez Canal University)

### **Panelists:**

Prof. El-Desouki E. Fouda (Al-Azhar University)

Prof. Farag Ibrahim (Suez Canal University)

Prof. Khamis Gomaa (Alexandria University)

Prof. Maged Refaat (Ain Shams University)

Prof. Suzan Hosny (Ain Shams University)

**14:00 - 14:10 Discussion**

**14:10 - 14:20 Takeda Presentation**

**14:20 - 14:30 Coffee Break**

# SCIENTIFIC PROGRAM

2<sup>nd</sup> Annual Meeting of Arab Society of Allergy, Asthma & Clinical Immunology

Thursday, May 16, 2013

## Session III

14:30 - 16:20 pm

### Chairpersons

Prof. Fathy Elghamry (Al-Azhar University)  
Prof. Gabr Metwally (Al-Azhar University)  
Prof. Mohamed Shafek (Al-Azhar University)  
Prof. Mostafa El-Sayed (Al-Azhar University)

14:30 - 14:50 **Some Immunological Aspects of Occupational Asthma and Case Presentation** Prof. Mohamed El-Batanouny (Cairo University)

14:50 - 15:10 **Lead & Asthma** Prof. Yahia Zakaria (Cairo University)

15:10 - 15:25 **Nasal Smear as a Diagnostic Tool** Prof. Wafaa Helmy (Al-Azhar University)

15:25 - 16:00 **Allergic Rhinitis Panel**

#### Moderators:

Prof. Abdel-Aziz Kamal (Al-Azhar University)  
Prof. Ahmed Seleim (Al-Azhar University)

#### Panelists:

Prof. Kamal Mories (Cairo University)  
Prof. Mahmoud Abdel-Raouf (Cairo University)  
Prof. Nabil Galal (Cairo University)  
Prof. Samir Khedr (Tanta University)  
Prof. Sherif Gabr (Cairo University)

16:00 - 16:10 **Discussion**

16:10 - 16:20 **Bohringer Presentation**

16:20 **Lunch**

# SCIENTIFIC PROGRAM

2<sup>nd</sup> Annual Meeting of Arab Society of Allergy, Asthma & Clinical Immunology

Friday, May 17, 2013

**09:15 - 11:45 am**      **Session IV**

**Chairpersons**      Prof. Hussein Aboul-Yazid      (Al-Azhar University)  
Prof. Mohamed Alshayeb      (Ain Shams University)  
Prof. Mostafa Almashad      (Al-Azhar University)

**09:15 - 09:30**      **Hypersensitivity Pneumonitis**      Prof. Hala Mohamed  
(El-Menia University)

**09:30 - 09:45**      **Allergy - Autoimmunity Bridge**      Prof. El-Desouki E. Fouda  
(Al-Azhar University)

**09:45 - 10:05**      **Autoimmune Asthma**      Dr. Hendawy Abdelmoety  
(Al-Azhar University)

**10:05 - 10:25**      **Chronic Urticaria**      Prof. Sayed Zaki  
(Al-Azhar University)

**10:25 - 10:45**      **Immunity and Smoking**      Prof. Maha Youssef  
(Al-Azhar University)

**10:45 - 11:05**      **Drug Hypersensitivity**      Prof. Khamis Gomaa  
(Alexandria University)

**11:05 - 11:25**      **Obesity and Bronchial Asthma**      Prof. Ahmed Abou Nagla  
(Al-Azhar University)

**11:25 - 11:45**      **Discussion**

**11:45 - 13:00**      **Gomaa Prayer**

# SCIENTIFIC PROGRAM

2<sup>nd</sup> Annual Meeting of Arab Society of Allergy, Asthma & Clinical Immunology

Friday, May 17, 2013

## Session V 13:00 - 15:00 pm

**Chairpersons** Prof. Entesar El-Sayed (Al-Azhar University)  
Prof. Ezzat Elatreby (Al-Azhar University)  
Prof. Hoda El-Sayed (Al-Azhar University)

**13:00 - 13:20 Food Allergy** Prof. Fawzia Abou Ali  
(Ain Shams University)

**13:20 - 13:40 Eosinophilic Eosophagitis** Prof. Fatma Mourad  
(Al-Azhar University)

**13:40 - 14:00 Allergy to Wheat** Prof. Mahmoud Eid  
(Al-Azhar University)

**14:00 - 14:20 Shrimp Allergy** Prof. Farag Ibrahim  
(Suez Canal University)

**14:20 - 14:40 Assessment of Immunotherapy Efficacy** Prof: Rasha Yousef  
(Ain Shams University)

**14:40 - 14:50 Discussion**

**14:50 - 15:00 Closing**

**15:00 Lunch**

# ABOUT ALFA MEDICAL

2<sup>nd</sup> Annual Meeting of Arab Society of Allergy, Asthma & Clinical Immunology

## Unique Leading Company:

Professional organizers for Medical Conferences, International Trade Fairs and Exhibitions within Egypt, Middle East and Africa

## The Head Office:

Located in Cairo, Egypt and have representatives and co-partners covering Middle East and most of African Countries ensuring the best available promotion of our activities

### Mailing address:

Doctors tower, Flat 414  
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## Unique Secured Website:[www.alfamedical.org](http://www.alfamedical.org)

Enable you to review the most important activities within our area, **so you can:**

1. Review the details of any activity with its printed materials
2. Send abstracts to any of the activities
3. Make your reservation for attendance
4. Book hotel accommodation and tour programs
5. Pay by Credit cards like VISA or MASTERCARD and print your own invoice
6. Pay by bank transfer and print your own invoice

## Unique Database System Including:

- Physicians and Medical Societies in different specialties within Egypt and Middle East
- International agencies and manufacturers of pharmaceuticals and medical equipment's
- Businessmen and Contractors within Africa and Middle East in different business fields

## Since we established our company, 23 years ago, we have targets to achieve:

1. **Performing** perfect organization and management of International Medical Congresses and International Trade fairs with remarkable Exhibitors and thousands of attendants
2. **Adding** the social dimension of the activities to enforce the interaction and relations between all attendants from different countries all over the world

## Board of Management

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# "Keep On G(r)o(w)ing!"



- **Alvesco® 160 Inhaler**  
▶ 1 actuation contains 160µg of ciclesonide.
- **Alvesco® 80 Inhaler**  
▶ 1 actuation contains 80µg of ciclesonide.

**Alvesco®** is an aerosol spray for you to breath in through your mouth and into your lungs where it is needed. It is a Preventer medication (corticosteroid) that has to be taken every day. Designed to become active only after it has been inhaled into your lungs, Alvesco helps you breath more easily by decreasing the symptoms of your asthma and lessening the chances of an asthma attack. The protective effect builds up over a period of time, so Alvesco needs to be taken every day, even when you are feeling well.

**What Alvesco contains**

- The active ingredient is **ciclesonide**. Each actuation releases a puff (dose delivered through the mouthpiece) that contains either **80 or 160 micrograms of ciclesonide**.  
- The other ingredients are anhydrous ethanol and propellant (HFA-134a, Norflurane).

**Pack sizes**  
Inhaler with **60** accurately measured puffs.  
Inhaler with **120** accurately measured puffs.

What Alvesco looks like and contents of the pack Alvesco consists of a clear and colourless liquid in a

pressurised aluminium container which delivers through a mouthpiece an accurately measured dose of **ciclesonide** in the form of a spray.

**Dosage**

In most cases your doctor will prescribe Alvesco **once daily** either in the morning or evening. It is important that you follow your doctor's instructions carefully. Alvesco works best if it is taken every day. You should not stop using your inhaler, even if you feel better, unless your doctor tells you to stop it.

If you have just started to use Alvesco instead of, or as well as, taking steroid tablets, you may need to continue to take your tablets for a short period of time along with your Alvesco inhaler.

It is important to follow your doctor's instructions for taking your medicines. If you find you are having to use your reliever inhaler more than 2-3 times per week, you should consult your doctor to review your medicine.

**If you use more Alvesco than you should**

There is no specific treatment necessary if you have used too much Alvesco but you should inform your doctor. If high doses are used over long periods, a

certain degree of adrenal suppression cannot be ruled out and control of the adrenal function may be necessary.

**If you forget to use Alvesco**

If you have forgotten to use your Alvesco, just take your usual dose when it is next due. Do not take a double number of puffs to make up for the forgotten dose.

**If you stop using Alvesco**

Even if you feel better, you should not stop using your Alvesco inhaler. If you do stop using this medicine, you must tell your doctor immediately.

**Possible side effects**

Like all medicines, Alvesco can cause side effects, although not everybody gets them. The side effects seen with Alvesco are usually mild. In most cases you can continue with your treatment. The side effects you may experience are Very rare side effects (fewer than 1 of 10,000 patients treated). Immediate or delayed hypersensitivity reactions such as swelling of lips, tongue and throat (angioedema). Patients experiencing these symptoms should stop using the medicine and seek immediate medical attention.

Uncommon side effects (fewer than 1 in every 100 patients treated).

hoarseness, cough after inhalation, increase in wheezing after inhalation bad taste, burning, infl ammation, irritation, dryness of mouth or throat skin rash and/or eczema causing itching and redness. Corticosteroid tablets can lead to more side effects than a corticosteroid inhaler such as Alvesco. If you have been taking steroid tablets before or during the use of Alvesco, the risk of side effects from the tablets may continue for a period of time. Regular check-ups with your doctor will ensure that you are taking the right dose of Alvesco for you.

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## ALFA MEDICAL

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