#### **MESSAGE FROM THE PRESIDENT OF THE CONGRESS AND SOCIETY**

Dear Colleagues,

The next EGYRAR 2012 Annual Egyptian Congress of Rheumatology and Rehabilitation will take place from the 7<sup>th</sup> to 10<sup>th</sup> of March 2012 in Cairo. The annual EGYRAR 2012 will be different this year as we are going to stress more on research works and difficult cases of Rheumatology and Rehabilitation to enhance and promote quality of performance toward our patients. The meeting will provide a unique occasion for the exchange of scientific and clinical information, and will facilitate interactions between Rheumatologists, Physiatrists and professionals representing the pharmaceutical industry in EGYPT.

The rapid growth of the EGYRAR 2012 Congress in terms of the number of participants and the quality of the presentations reflects the increased interest in arthritis and in the musculoskeletal disabilities seen in many societies. This has been allied to a realization of the size of the burden of these diseases and an improved ability to diagnose and significant advances in the ability to treat them and giving them the best lines of rehabilitation. The alliance between Rheumatologists and physiatrists by EGYRAR 2012 has been a considerable stimulus for these advances.

The EGYRAR 2012 Congress 2012 in Cairo will cover a wide range of topics including clinical updates in both fields PM & R and Rheumatology as well as basic science related to the diseases of these entities. In addition there will be meetings organized by the health care industry. The heart of the Congress will be the research works with their intense interactions between participants. Added to this the great State of Art lectures from the best speakers of our region as well as from EUROPE and USA.

EGYRAR

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President of EGYRAR

Hassan El-Shahaly, MD



The eternal city of Cairo needs little introduction. The unique historical and architectural treasures in Cairo combined with the Egyptian ambiance will provide an excellent background for scientific and clinical exchanges, international collaborations and renewing friendships. The nice weather in this part of the world at that time of the year will give you a nice opportunity to enjoy the beautiful places in CAIRO.

We have great pleasure in welcoming Physiatrists, Rheumatologists and Orthopedics and neurosurgeons in participating in this big event to share with each other the ideas about updates of this field of medicine.

Hassan El-Shahaly, MD President of EGYRAR



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## EGYRAR 2012

#### **SCIENTIFIC PROGRAM**

#### **OFFICIAL LANGUAGE**

#### English

The Scientific program will start on Thursday 8<sup>th</sup> of March, 2012, at 18:00 and will close 10<sup>th</sup> of March, 2012 at 12:00.

The Opening Ceremony will be held at 21:00 PM on Mach 8<sup>th</sup>, 2012, at The Main Congress Hall of Dusit Thani Lakeview Cairo Hotel.

The congress will cover the broad spectrum of the rheumatic diseases and the musculoskeletal disabling disorders, including basic science and clinical symposia, abstract sessions, presentations and discussion of difficult cases, Workshops and state of the art lectures.

#### Abstracts can be submitted on the following topics:

#### **BASIC SCIENCE RESEARCH**

- 1- Adipokines and inflammatory arthritis
- 2- Updates in the pathogenesis of musculoskeletal disorders
- 3- Experimental treatment of rheumatic diseases
- 4- Epidemiology of different rheumatic diseases
- 5- Updates in cell trafecking in rheumatic diseases.
- 6- Updates of physical modalities in management of musculoskeletal disorders
- 7- Electrophysiological changes in different locomotor disorders.

## EGYRAR 2012

#### **CLINICAL TOPICS OF RHEUMATIC DISEASES**

- 1- Difficult situations in Rheumatoid arthritis
- 2- Difficult SLE
- 3- Difficult cases of systemic sclerosis
- 4- Difficult psoriatic arthropathy
- 5- Updates in laboratory testing in rheumatic diseases
- 6- Arthritis of elderly people
- 7- Updates in imaging of musculoskeletal system
- 8- Emergency conditions of rheumatic disorders
- 9- Ocular abnormalities in rheumatic diseases
- 10-Cardiac and pulmonary involvement in Rheumatic diseases

## **CLINICAL TOPICS OF DISABILITY AND REHABILITATION**

- 1- Paralytic neuropathic disorders
- 2- Updates in Spasticity management
- 3- Rehabilitation of patients with cancer
- 4- Pulmonary rehabilitation
- 5- Children with minimal brain damage
- 6- Sphincteric troubles
- 7- Geriatric rehabilitation
- 8- Rehabilitation of arthritic patient

# EGYRAR 2012

#### EGYRAR 2012 WORKSHOPS

- 1- Ultrasonography in musculoskeletal disorders
- 2- Subcutaneous lipolysis
- 3- EMG and nerve conduction study

#### **EGYRAR 2012 PRACTICE MEETING**

To discuss the problems facing the practitioners of this field in their places in the hospitals of MOH

## **INDUSTRY ROUNDTABLE-SUPPORTED SYMPOSIA**

They will be on daily basis along the congress days and will be announced by early August 2011.



EGYPTIAN SOCIETY OF RHEUMATOLOGY AND REHABILITATION AND PAN ARAB CONGRESS OF PM & R	
EGYRAR Executive Secretariat 6 Lotfy El-Sayed Street. Buildings of Ein-Shams University staff hostel Abbaseia, Cairo, Egypt	Telephone: +202 – 24856957 Email : rheumasociety@yahoo.com Website : www.egyrar.com
EVENT: EGYRAR 2012 AND PAN ARAB CONGRESS OF PM & R (7 <sup>th</sup> March TO 10 <sup>th</sup> March, 2012)	
Description	The aim is to provide a forum of the highest standard for scientific (both clinical and basic), educational and social exchange between professionals involved in rheumatology and liaising with Physical medicine and Rehabilitation to achieve progress in the clinical care of patients with musculoskeletal disability
Participating Societies <ul> <li>EGYRAR 2011</li> <li>Pan ARAB league of PM &amp;R</li> <li>Turkish society of PM &amp;R</li> <li>European society of PM&amp;R</li> </ul>	RepresentativeProf. Hassan EL-Shahaly(Egypt)Prof. Hisham Tambokjy(Syria)Prof. Kamil Yazicioglu(Turkey)Prof. Allesandro GUISTINI(Italy)

# EGYRAR 2012

#### **REGISTRATION**

Fees for Members:

#### Egyptians:

400 L.E. for Egyptian Members 300 L.E. Accompanying Person

#### Non-Egyptian:

300 \$ / person and accompanying person Bank account #149/1/46269 Bank Misr, Ein-Shams University

#### **REGISTRATION FEES INCLUDE**

- 1. Attending the scientific sessions
- 2. Attending exhibition
- 3. Conference kit (name tag, bag, program, etc)
- 4. Certificate of attendance
- 5. Coffee break and lunch

#### **ACCOMMODATION**

Dusit Thani Lakeview Cairo Hotel.	
Single room	900 pounds
Double room	1000 pounds
Per Room Per Night in Bed and Breakfast	



#### **Official Organizer of the Congress:**

## **ALFA MEDICAL Co.**

<u>Address</u>: 53, El-Makrizy St., Flat 414, Doctors Tower, Roxy, Cairo, Egypt.

#### Contact Person : Ms . Fifi Shenouda

Mobile: 0119039065

Exhibition for Pharmaceutical and non-Pharmaceutical companies as well as other societies and journals will be held in the Hotel during the whole days of congress.

#### For any query,

Please contact Prof. Hassan El-Shahaly, Tel.: +20101420334

Abstract submission deadline will be 31st of October, 2011

